



Resources

# Patient fact sheets

A range of evidence-based patient resources on common asthma related topics such as thunderstorm asthma, how to use a spacer and allergic rhinitis. These are free to download on the National Asthma Council website.



**Patient fact sheets**

<https://www.nationalasthma.org.au/living-with-asthma/resources/patients-carers/factsheets>