



Device technique videos

Incorrect technique when using inhaled medicines is very common among patients with asthma or COPD. Regardless of the type of inhaler device prescribed, patients need individualised, repeated hands-on training in correct inhaler use.

The How-to video library includes demonstrations of correct technique with all the main types of inhalers, as well as spacers and nasal sprays. These can be viewed on the National Asthma Council website.



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<https://www.nationalasthma.org.au/health-professionals/how-to-videos>